



Newsletter 3

European Workshops: Learning across borders

The European Workshops are at the heart of the project, as they bring together adult educators and seniors from all the participating countries to discuss one specific topic from a European perspective over three days.

European Workshop Day 1:
Connecting to the
PLACE

European Workshop Day 2:
Connecting to the
COMMUNITY

European Workshop Day 3:
Connecting to the
TOPIC



Germany - Health Promotion

Local adult educators and seniors welcomed participants from France, Greece, Italy and Sweden to the renowned health region of the Bavarian Forest. The programme included presentations and discussions with representatives of the district's senior citizens, a themed local treasure hunt, and visits to a prevention centre and a health park. Practical sessions involved line dancing and relaxation exercises.



France - Social & Economic Integration

In Bastia, Corsica, adult educators and seniors discussed the social opportunities and financial challenges in Europe faced by people over the age of 60.



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