

Newsletter 2



First experiences: empowering adult educators and seniors

The STEP project has successfully launched local workshops across partner countries, bringing together adult educators and seniors (55+) in a dynamic learning environment.

The feedback from participants has been overwhelmingly positive. Across all countries, participants expressed high levels of satisfaction with the organisation, content, and facilitation of the workshops. The materials were considered clear, well-structured, and highly relevant to their needs.

Beyond satisfaction, the workshops achieved something even more important: Participants reported increased awareness, motivation, and a strong sense of empowerment.

The interactive nature of the sessions played a key role in this success. Participants particularly appreciated:

- Opportunities for discussion and exchange.
- Sharing personal experiences.
- Meeting peers.

European Workshops: learning across borders

The STEP project also brings adult educators and senior learners together through European workshops that foster exchange and collaboration across Europe - due to the nature of the topic of digital literacy, this time, participants met online:

European Workshop Day 1:
Social media, online groups
and privacy basics

European Workshop Day 2:
Algorithms and their role in
shaping perception

European Workshop Day 3:
Online safety and
digital upskilling

Join now and give it a try!

Adult educators are invited to try out the course and materials during the project period (until November 2026), after which they can offer workshops for older people. Senior learners can participate in local workshops for free. If you are interested, please contact us at projects@vhs-cham.de

Strengthening digital confidence among seniors

The topic of the current STEP Module 2 workshops concentrated on digital literacy. Adult educators were trained on this topic within a specifically developed online course, and then passed on their knowledge and skills to senior learners within local workshops.

The local workshops focused, for example, on:

- **DigComp as a guiding tool**
- **Smartphone use in everyday life**
- **Online safety, hate speech, fake news, media criticism skills and AI**

Many senior participants shared their own experiences with digital tools, creating a collaborative learning atmosphere.

As a result, the workshops:

- Increased seniors' digital skills.
- Boosted their confidence in using technology.
- Helped them navigate the internet more safely.



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